## vkidk o"kkd 2010 o"k d fy, g 5 A

1 ;g o"k vkid fy, lQyrk dk o"k gA çR;d dk; lQy gkxkA
2 dyk d {k= e t M 0;fDr;k dk bl o"k cgr ykHk gkxkA t l f'k{kk] ukVd] jfM;k] Vh- oh- foKkiu o [kyk vkfn eA
3 bl o"k e ;k=kvk dk ;kx g] fon'k ;k=k Hkh gk ldrh gA
4 bl o"k lk>k 0;kikj dju l Hkh ykHk gkxkA
5 0;kifjd thou e u;k ekM vk;xk] ft l l vkidk ykHk] eku o lEeku çkIr gkxkA
6 lkp le>dj ckyk ckrk ckrk e yMkbk gk ldrh gA
7 fe=k e of) gkxh] vkEFkd {k=k e of) gkxhA
8 fdlh ubk çfedk l feyu gk ldrk gA
9 fo|kFk;k dk lQyrk feyxhA
10 0;kikj dk foLrkj djk] vkidk ykHk gkxkA
11 lnh vkfn tfur jkx gk ldr gA
12 tehu cpu o [kjhnu dk ;kx gA

## vkidk o"kkd 2011 o"k d fy, g 6 A

1 ;g o"k Hkkfrd o dke l[kk d fy, J"B gA
2 tk ykx dyk d {k= l t M g, g mudk bl o"k cgr ykHk gkxkA
3 lkUn;k lkexh l lEcfU/kr 0;kikj djx rk cgr ykHk gkxkA
4 ;fn vkidk dkbk dk;k ugh yxk] rk bl o"k vkidk dkbk u dkbk dk;k yx gh tk;xkA
5 ;g o"k i.k Hkkx foykl] lkUn;k o eukjtu nu okyk gA
6 0;kifjd nf"V l Hkh ykHk gkxkA
7 vpkud /ku çkfIr dk ;kx gA
8 jktuhfrd {k= e fxjkoV vk ldrh gA
9 fL=;k t l fopkj o L=h tfur LoHkko Hkh gk ldrk gA
10 0;kifjd {k= e ftruh lQyrk vki pkgx mruh lQyrk ugh feyxhA
11 bl o"k e [kpk vki dN T;knk gh djxA
12 lhfer nf"V l çe d pDdj e iM] ugh rk cnukeh mBkuh iM ldrh gA
13 ikfjokfjd nf"V l ;g o"k vPNk gA ?kjyw ijs'kkfu;k bl o"k d vUr rd nj gk tk;xhA



**Dr. R. B. Dhawan**
F 265, LAXMI NAGAR, DELHI 110092.
011 22455184, 22454077, 9810143516

14 vpkud /ku gkfu dk Hkh ;kx gA

## vkidk o"kkd 2012 o"k d fy, g 7 A

1 bl o"k vki viu fe=k l lko/kku jgA og vkid lkFk /kk[kk dj ldr gA vr% fe=k d lkFk /;ku l jg rFkk lPp fe=k dh igpku djA
2 bl o"k e vkidk eu ppy jgxkA
3 ;g o"k vkid fy, ij'kkfu;k o Hke ink dj ldrk gA
4 lekt e vkid çfr xyr /kkj.kk;k cu ldrh gA
5 /kk[kcktk l lko/kku jgA
6 okn fookn l cp] yMkbZ gk ldrh gA
7 vnkyrh dk;k l lQyrk feyxhA
8 foKku] T;kfr"k] tkn dyk o ;k=k dju okyk d fy, ;g o"k ykHknk;d gA
9 0;kikj e vf/kd tkf[ke u mBk;A
10 çe Qyxk] ijUr lkpdj djA
11 dfBukb;k dk lkeuk djk] fLFkfr vudy gk tk;xhA
12 jktuhfrd {k= e iyMk uhp gk ldrk gA
13 vud dk;k d pDdj e u iMsA
14 lUrku l[k çkIr gkxkA
15 iRuh l vucu gkxhA

## vkidk o"kkd 2013 o"k d fy, g 8 A

1 bl o"k vkidh mUufr viu fd;x;k dk;k l gkxhA vr% nljk d Hkjkl u jg] bl vkRerfIr Hkh gkxhA
2 fon'k ;k=k dk Hkh ;kx gA
3 fookg ugh gvk g rk fookg dk ;kx g vkj ;fn gk x;k g rk exy dk; dk ;kx gA
4 ednek e fot ; gkxhA
5 jktuhfrd {k= e lQyrk feyxhA
6 vkid 'k=vk dk vlQyrk dk lkeuk djuk iM ldrk gA
7 ;fn vkiu viuh of) o 'kfDr dk ç;kx Bhd rjg l fd;k rk ;g o"k vkid fy, HkkX;kn; dk o"k gkxk] vU;Fkk ughA



**Dr. R. B. Dhawan**
F 265, LAXMI NAGAR, DELHI 110092.
011 22455184, 22454077, 9810143516

8 HkkX;kn; d db ekd vk;xA
9 ‘kkjhfjd nf”V l ;g o”k vPNk ughA pkV o vkx l tyu dk Hk; gA vud chekfj;k dk Hkh lkeuk djuk iM ldrk gA
10 ‘kjhj d dVu QVu dk Hkh ;kx gA
11 bl o”k ;fn ykg vkfn dk dk;l dj rk cgr ykHk gkxkA
12 0;kikfjd nf”V l vkidk vk’p;tud ykHk ;k gkfu Hkh gk ldrh gA
13 çe d fy, le; de gkxkA
14 iRuh o cPpk l Hkh çe de gk ldrk gA

## vkidk o"kkd 2014 o"k d fy, g 9 A

1 ;g o”k vkid fy, egÙoi.k gA
2 bl o”k vkid HkkX; d mn; d fo’k”k vklkj gA
3 jktuhfrd {k= e g, rk vkidk fo’k”k lQyrk Hkh fey ldrh gA
4 turk vkil [k’k gkxh vr% pukok e lQyrk feyu dk ;kx gA
5 dkb fo’oLr vkid lkFk /kk[kk dj ldrk gA
6 Kku foKku e Hkh vkidk fo’k”k ykHk gkxkA
7 u;k 0;kikj dj&ykHk gkxkA
8 bl o”k vkid ‘kjhj e pkV yxu o tyu dVu dk Hkh ;kx gA
9 vpkud /ku dh çkfIr Hkh gk ldrh g] fookg gvk rk vPNk ngt fey ldrk gA
10 bl o”k vkid gkFkk db ekxfyd dk;l gkxA
11 ljdkjh lok e yx g, 0;fDr;k dh inkUufr gk ldrh gA
12 çfr;kfxrkvk e lQyrk feyxhA
13 mPp vf/kdkfj;k l fcxM ldrh gA
14 ikfjokfjd ykxk l Hkh vucu gk ldrh gA
15 tYnckth e fd; x; dk;k l gkfu gkxhA
16 [kyk e g, rk vkidk lQyrk feyxhA
17 ohjrk d dk;l e eu yxxkA
18 vkFkd nf”V l le; vudy gA

## vkidk o"kkd 2015 o"k d fy, g 1 A



**Dr. R. B. Dhawan**
F 265, LAXMI NAGAR, DELHI 110092.
011 22455184, 22454077, 9810143516

1 ;g o"k vkidk fy, dkQh egÙoi.k gA fiNys o"k dh lHkh dfBukb;k nj gk tk,xhA
2 bl o"k vki viuk dk LoLFk ik;k tk,xkA
3 viuk dk vkx c<+rk gqvk vuHko djsxkA
4 lkp le>dj fd;k x;k 0;kikj ls vkidk ykHk gksxkA
5 bl o"k esa dbZ ifjorZu gksxkA
6 çR;sd {ks= dk ifjorZu ls vkidk ykHk gksxkA
7 u;s 0;fDr;k sa ls eqykdkr gksxh] u;s vf/kdkfj;k sa ls eqykdkr gksxhA
8 ;k=k d }kjk ykHk gksxkA
9 bl o"k vki vkuUne; vuHko djsxkA
10 ekufld ijs'kkuh cgqr de gksxhA
11 ;g o"k vkidk fy, 'kkjhfjd o vkUFkd nf"V ls lQy jgsxkA
12 f'k{kk] dyk] ys[ku] çfr;ksfxrk vkfn ls fo'ks"k ykHk gksxkA
13 e'khuksa dk dk;Z dju ls vPNk equkQk gks ldrk gSA
14 u;k dkjkckj djsA
15 ubZ çfedk vFkkZr u;s çse lEcU/kksa dk tUe gks ldrk gSA
16 o|ksfgd thou esa ruko gks ldrk gSA
17 jktuhfrd {ks= esa g, rks eku lEeku çkIr gksxkA

vkidk o"kkZd 2016 o"k dk fy, gS 2 A

1 vkidk dqN LokFkhZ fe= Hkh gS] mudk cpsA o le; ij vkidh lgk;rk ugh djsxkA vr% ,sls ykxksa ls lEcU/k foPNsn dj ysA
2 vkidk 0;kogkfjd fodkl gksxk rFkk dYiuk ykd ls ckgj fudy tk,xhA
3 vkidk dqN fe= VwVrs tk jgs gSa rFkk ijkuk fj'rk detkj gks jgk gS] mUgsa lqn<+ dhft;sA
4 vkxkeh o"k vkidk fy, egÙoi.k gS D;kfd vkidh ;kstuk;sa vf/kd vuqdwy <x ls lQy gksxhA
5 vkidh ekufld ijs'kkfu;k nj gksxhA ftUgsa vki ijs'kkfu;k vkj d"V le> jgs Fks] og /khjs /khjs Lor% nj gks tk;sxhA
6 bl o"k vki ,d vkd"kZ.k eglwl djsxsA
7 fdlh ls lk>snkjh vf/kd u djsa] /kks[kk gks ldrk gSA dk;Z dk 0;ofLFkr <x ls djsA
8 lHkh lEcfU/kr dk;ksZ ls bl o"k ykHk gksxkA
9 vkidks u;s fe= çkIr gksxs tks vkidk lgk;d gksxsA
10 u;s edku cuus ;k feyus dh i.k vk'kk gSA
11 mrkoykiu NksMsa] mrkoykiu esa fy;s x;s fu.kZ; ls gkfu gks ldrh gSA



**Dr. R. B. Dhawan**
F 265, LAXMI NAGAR, DELHI 110092.
011 22455184, 22454077, 9810143516

## vkidk o"kkd 2017 o"k d fy, g 3 A

1 ;g vkid çek'ku dk o"k g vkj çR;d nf"V l vuqdy gA vr% bl o"k dk vki vPNh rjg mi;kx djA
2 0;kikj dh nf"V l Hkh ;g o"k ykHknk;d g] ;fn 0;kikj ugh fd;k rk bl o"k dkbZ vfrfjDr 0;kikj dj yA
3 vkEFkd nf"V l ;g o"k vkid fy, ykHknk;d gA
4 bl o"k vkidk y[ku dk;Z e FkkMh lQyrk feyxhA
5 ckyu vkj fy[ku e lko/kkuh cjrA fcuk lkp le> fdlh dkxt ij gLrk{kj u djA
6 lHkh dk;Z ;kstukc) djA dkbZ Hkh dk;Z v/kjk u NkMsA v0;ofLFkr <x l Hkh dk;Z u djA
7 vkid fe=k dh l[;k c< jgh g vkj vf/kd c<u dh vk'kk g] bl lEcU/k e vkidh fujk'kk nj gkxhA
8 bl o"k vkidk /kk[kk nu dk ç;Ru Hkh gk ldrk gA ,slk dkbZ Hkh dkxt gLrk{kj d fy, fn;k tk;] dN le; viu ikl j[kdj fQj lkpdj gLrk{kj djA
9 vkil tk 0;fDr feyu vkr g o lHkh egÙoi.k g vr% vki mul ln0;ogkj djA
10 ;g o"k 'kHk o çxfr'khy o mUufrdkjd gA
11 eku lEeku e of) gkxhA ikfjokfjd nf"V l dN mFky iFky ij lkekftd nf"V l ykHk gkxkA

## vkidk o"kkd 2018 o"k d fy, g 4 A

1 ;g o"k vkid fy, 'kHk gA dkbZ u;k 0;kikj dj] ykHk gkxkA
2 bl o"k vki dkbZ tehu tk;nkn [kjhnsx o edku cuok;sxA
3 'kkjhfjd nf"V l pkV o vkx dk Mj gA
4 bl o"k e vki cgr /ku tek dj ldr g vr% ykHk mBk;sA
5 vkyL; NkMdj dk;Z dj] lQyrk feyxhA ugh rk thou e vlQyrk dk eg n[kuk iM ldrk gA
6 çe d pDdj l dkbZ ykHk ugh gkxkA lHkh ;kstuk lQy rk gkxh ijUr dfBukb;k d lkFk vr% vkidk dfBukb;k l fopfyr ugh gkuk pkfg,A
7 bl o"k vkidk fookg ;kx g o vU; vkid ?kj e exy dk;Z gkxsA
8 lUrku dk Hkh ;kx g ;k exy dk;Z gkxkA
9 vkEFkd nf"V l Qy o"k g] vkRefuHkj gkxsA
10 'kfDr;k dk Bhd l lnqi;kx djA



**Dr. R. B. Dhawan**
F 265, LAXMI NAGAR, DELHI 110092.
011 22455184, 22454077, 9810143516

11 ?kj] iRuh o lUrku dh nf"V ls ;g o"kZ vkid fy, 'kqHk gSA
12 mPpkf/kdkfj;ksa ls feyus ls ykHk gksxkA
13 /kkfeZd] vk/;kfRed] lkekftd o jktuhfrd nf"V ls Hkh ;g o"kZ vkid fy, 'kqHk gSA
14 'kjhj dh lqj{kk djsa] 'kjhj esa {kfr gks ldrh gS] jksx gks ldrk gSA

vkidk o"kZd 2019 o"kZ ds fy, gS 5 A

1 ;g o"kZ vkid fy, lQyrk dk o"kZ gSA çR;sd dk;Z lQy gksxkA
2 dyk ds {ks= esa tksM+ 0;fDr;ksa dks bl o"kZ cgqr ykHk gksxkA tSls f'k{kk] ukVd] jfM;ks] Vh- oh- foKkiu o [ksyksa vkfn esaA
3 bl o"kZ esa ;k=kvksa dk ;ksx gS] fon'k ;k=k Hkh gks ldrh gSA
4 bl o"kZ lk>k 0;kikj djus ls Hkh ykHk gksxkA
5 0;kikfjd thou esa u;k ekM+ vk;sxk] ftlls vkidks ykHk] eku o lEeku çkIr gksxkA
6 lkp le>dj ckyksa] ckrksa ckrksa esa yMkbZ gks ldrh gSA
7 fe=ksa esa of) gksxh] vkEFkd {ks=ksa esa of) gksxhA
8 fdlh ubZ çfedk ls feyus gks ldrk gSA
9 fo|kEFkZ;ksa dks lQyrk feysxhA
10 0;kikj dk foLrkj djsa] vkidks ykHk gksxkA
11 lnhZ vkfn tfur jksx gks ldrs gSA
12 tehu cpus o [kjhnus dk ;ksx gSA



**Dr. R. B. Dhawan**
F 265, LAXMI NAGAR, DELHI 110092.
011 22455184, 22454077, 9810143516